

# Non Invasive Ventilation in Acute Hypercapnia Respiratory Failure at LRI UHL Policy

| Approved By:                                 | Policy and Guideline Committee                    |  |  |  |
|--|---|--|--|--|
| Date Approved:                               | 8 May 2007 (originally guidelines)                |  |  |  |
| Trust Reference:                             | B18/2007  |  |  |  |
| Version:                                     | V6  |  |  |  |
| Supersedes:                                  | V5 August 2020 Policy and Guideline Committee     |  |  |  |
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| Latest Review Date                           | 16 February 2024 – Policy and Guideline Committee |  |  |  |
| Next Review Date:                            | March 2027  |  |  |  |

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#### REVIEW DATES AND DETAILS OF CHANGES MADE DURING THE REVIEW

V1 – reviewed November 2013 – Policy updated into new Trust template

- Reviewed August 2020 policy updated to include COVID 19 updates.
- Reviewed January 2024 Updated AGP guidelines, updated BTS guidance, ward updates, Phillips trilogy competency.

#### **KEY WORDS**

Non-Invasive Ventilation, NIV, Hypercapnia, Type 2 Respiratory Failure

This policy document is intended as guidance for staff commencing Non-Invasive Ventilation at the Leicester Royal Infirmary (LRI) for the management of hypercapnia respiratory failure. This policy will document required education for all disciplines in preparation for commencement of NIV and areas of safety to deliver the intervention. Staff responsibilities regarding commencement management and reporting of audits will also be addressed

#### 1 INTRODUCTION

- 1.1 This document provides guidelines, for the management of Non Invasive Ventilation (NIV) in Acute Acidotic Hypercapnia Respiratory Failure, this includes but not limited to patients with exacerbation of Chronic Obstructive Pulmonary Disease (COPD), neuromuscular disease, obesity hypoventilation, that is not responding to maximal medical therapy. It is for a specific group of patients with single system failure in whom NIV is intended as a short-term treatment and provides a three-step approach to identification, monitoring and transfer of patients requiring non-invasive ventilation.
- 1.2 NIV is the delivery of mechanical pressure to support the patient's inspiratory effort via either a full-face mask or nasalmask.
- 1.3 A glossary of terminology and all abbreviations used within this guidance can be found in (Appendix 1)

#### 2 POLICY AIMS

- 2.1 The standards in this policy aim to rationalise the implementation and management of NIV therapies implemented on the Acute Care Bay (ACB) and Emergency Department (ED) at the Leicester Royal Infirmary (LRI).
- 2.2 This policy outlines
  - a) The point of need for NIV and patient inclusion criteria
  - b) Training and competencies required to prescribe, commence and manage NIV
  - c) Requirements for safe delivery of NIV on ACB and ED at LRI
  - d) Guidance for management of patients requiring NIV for greater than 48 hours

#### 3 POLICY SCOPE

- 3.1 This policy applies to doctors, nurses and physiotherapists working in ACB and ED at the LRI. DART (Deteriorating Adult Response Team) Practitioners acting in support are also included.
- 3.2 Patients must be nursed by staff with the appropriate skills and knowledge to deliver safe NIV. Nurses within ED Resus and Acute Care Bay (ACB) are required to complete the NIV teaching package (available in H E L M) and receive training from the Education and Practice Development team in the respective environment.
- 3.3 Patients receiving NIV must be nursed in areas of close observation identified in ED and ACB. This is inclusive of Resus department in ED and ACB only. In those patients where NIV is not the ceiling of therapy, an Intensive Care referral should be made. Patients who develop acute acidotic hypercapnia respiratory failure who have received optimal medical management who now require NIV at the Leicester General Hospital, the medical team are to contact DART and the ACB registrar and/ or the CDU/ respiratory registrar to refer the patient for immediate transfer to ACB/ CDU as no NIV capacity at LGH. (Please note that this policy does not cover NIV at the LGH site)
- 3.4 Where necessary, nurses should be supported by medical staff, DART Practitioners/Physiotherapists and other allied health professionals trained in the delivery of NIV.
- 3.5 This policy applies to adult patients suffering hypercapnic respiratory failure only. Inclusion criteria should be reviewed for each patient prior to NIV commencement, to deem if the therapy is appropriate (see appendix3)

- 3.6 NIV can only be prescribed by those regulated healthcare professionals (Doctor, DART, Practitioner, Senior Physiotherapist) deemed competent to prescribe it (see appendix 5).
- 3.7 The emphasis always should be transfer of the patient once stable to the Glenfield Hospital for ongoing management by respiratory specialists where required (see appendix 8 for transfer guidance and checklist)
- For any NIV advice during daytime hours 8:30-5pm weekdays please contact the Respiratory Registrar on call or the Respiratory support team (RST) at Glenfield ward 20.

#### 4 DEFINITIONS

**Non-invasive ventilation** - NIV (often interchanged with the abbreviation NIPPV) allows for bi-level positive pressure ventilation to be applied throughout the whole of the respiratory cycle whilst breathing spontaneously and without any conduit access to the airways. Application of inspiratory positive airway pressure (IPAP) and expiratory positive airway pressure (EPAP) decreases the work of breathing thereby improving alveolar ventilation and minute ventilation, facilitating oxygenation without raising PaCO2.

NIV also assists in unloading the respiratory muscles by reducing the trans-diaphragmatic pressure, pressure time index of respiratory muscles and diaphragmatic electromyography activity this leads to alteration in breathing pattern with an increase in tidal volume, decrease in respiratory rate and increase in minute volume whilst assisting in overcoming intrinsic peep. This allows better clearance of Co2 allowing pco2 to decrease.

In addition, NIV facilitates in resetting the respiratory centre ventilatory response to PaCO<sub>2</sub>.

#### 5 ROLES AND RESPONSIBILITIES

5.1 It is essential that ALL patients requiring acute NIV at LRI are to be nursed on an appropriate area i.e. ACB or ER. All staff MUST follow infection prevention guidelines by wearing appropriate Personal Protective Equipment (PPE). Those patients who utilise overnight NIV/CPAP can be cared for on any ward with the support of DART. Any issues bleep DART

#### 5.2 Executive Lead Andrew Furlong – Medical Director

The Medical Director is Executive Lead for this Policy and has appointed a Senior Lead Clinician to act on their behalf. The Senior Lead Dr Alys Scadding is responsible for:

a) Providing an advisory, training and monitoring role on all aspects of NIV usage in acute hypercapnia respiratory failure

#### 5.3 Named lead consultants within ED and ACB and Head of Nursing are responsible for:

- a) Ensuring this policy is disseminated and implemented within their Clinical Management Group (CMG)
- b) Identifying a 'sub lead' to support the implementation, training and monitoring of this policy and guidelines (see section 7)
- c) Ensure staff can attend training as necessary in line with service need and as identified in their annual appraisal
- d) Ensure staffs are aware of NIV audit process and are comfortable with its commencement, implementation and submission.

#### 5.4 Consultant in charge of the Patient:

- a) Has overall responsibility for the care of the patient
- b) Provide advice and support to their medical team if concerns or issues are raised regarding

Training needs or competence

c) Ensure any incidences regarding pleural aspiration or chest drains are reported through Data

#### 5.5 DART practitioner:

a) Provide support and guidance with commencement, implementation and ongoing management of NIV

In the case of patients receiving NIV who would be deemed suitable for ITU support, act as liaison with ITU to keep informed

#### 5.6 Nursing Staff are responsible for:

Ensuring the care of patients requiring NIV usage in acute hypercapnia respiratory failure is provided in line with this policy and its associated guidelines.

Any patient who brings into hospital their own NIV/CPAP machine must be referred to DART bleep 5293.

## 5.7 All staff undertaking the commencement of NIV or providing care for patients receiving NIV are responsible for:

- a) Ensuring they are compliant with the standards set out in this policy and associated guidelines
- b) Work within their own competence and act on any identified training needs
- c) Gain consent from patients (except in the event of a life-threatening emergency)
- d) To report all incidents involving NIV (including near miss events) via the DATIX incident reporting system

#### 5.8 Staff commencing therapy

- a) NIV must only be prescribed by Healthcare Professionals (Doctor, DART Practitioner, specialist nurses/RST and Senior Physiotherapist). This prescription must be documented in the patient medical notes.
- 5.9 Prior to commencement, it is the responsibility of the health care professional initiating NIV to discuss therapy implications with senior members of the parent team and negotiate transfer to an area of safety (ED resus/ACB). It is the responsibility of the health care professional instigating NIV to remain with the patient while an area of safety becomes available.

#### 6.1 Indications for NIV implementation

- 6.1.1 Patients may be suitable for NIV if they **have known or suspected COPD** and all the following features of Acute Hypercapnia Respiratory Failure:
  - a) Arterial pH <7.35 with PaCO2 >6.5
  - b) Arterial pH < 7.35 with PaCO2 > 6.5 **who are not for escalation to critical care,** resuscitation status and plan if NIV fails is mandatory to patient care. Escalation plan and NIV failure plan should be considered prior to NIV commencement.
  - c) Arterial pH < 7.35 with PaCO2 > 6.5 **who are for escalation to critical care**. Review by critical care (SpR or above)/Respiratory Physician should be sought at time of NIV commencement
- 6.1.2 For non-COPD patients' advice should be sought from medical registrar/ respiratory registrar/ RST or DART regarding use of NIV prior to its commencement
- 6.1.3 All patients requiring NIV at the LRI site should be referred to DART.
- 6.1.4 Patients requiring NIV therapy should receive this therapy at the point of need regardless of location once referred to the medical registrar on ACB and agreed that NIV therapy is suitable and accepted to go to ACB/Glenfield hospital. DART will stay with the patient on the ward until a suitable bed is available.
- 6.1.5 Upon stabilisation, steps should be taken to transfer the patient to a clinical area familiar with NIV usage (ED Resus/ACB/GH)

#### Other precautions for NIV therapy

NIV may be used in the following patients if this is to be the ceiling of therapy. Please seek expert advice (Respiratory SPR and/or Acute Medical Consultant/Critical Care SpR/Consultant/DART) if NIV is to be considered in a patient with hypercapnia and one of the following: -

- a) Life threatening hypoxemia
- b) Severe co-morbidity
- c) Confusion/agitation/severe cognitive impairment
- d) Upper gastrointestinal surgery
- e) Copious respiratory secretions
- f) Bowel obstruction
- g) Pneumonia

In patients suffering hypercapnia and any of the above for whom NIV is not the ceiling of therapy a Critical Care referral should be made

#### 6.2 Contraindications for NIV

#### **Absolute**

- a) Facial deformity/burns/trauma/recent facial or upper airway surgery
- b) Fixed upper airway obstruction

#### Relative

- c) Undrained pneumothorax/haemothorax
- d) Inability to protect airway
- e) GCS <8, confusion/agitation
- f) ph. <7.15
- g) Cognitive impairment warrants enhanced observation

NIV NOT indicated – refer to ITU for consideration of Invasive mechanical ventilation (IMV) if increasing respiratory rate/distress or PH < 7.35 and Pco2 > 6.5

- h) Acute asthmatic attack
- i) Pneumonia

For troubleshooting guide (see appendix 6)

#### 6.3 Location for NIV delivery

- 6.3.1 NIV therapy must be delivered in areas experienced in its management. At LRI this is ED Resus and ACB. In the case of patients requiring NIV for acute hypercapnia respiratory failure outside of these areas, transfer to ACB should be a priority.
- 6.3.2 The emphasis always should be transfer of the patient once stabilised to the Glenfield Hospital site for on-going management by respiratory specialists where required. Refer to (appendix 8) for the checklist to facilitate a safe transfer to Glenfield.
- 6.3.3 Patients requiring acute NIV within the ER should be referred to the respiratory support team (RST) via an electronic referral on nerve centre.

#### 6.5 Specific Care for Patients Requiring NIV

- 6.5.1 Parameters for medical assistance/intervention must be set and clearly documented in patient records PRIOR to NIV commencement
- 6.5.2 Pre NIV baseline observations must include:

#### ABG (arterial blood gas)

- a) Blood Pressure
- b) Pulse
- c) Respiratory Rate
- d) Oxygen saturations

- e) Percentage of oxygen delivered
- 6.5.1 Upon commencement of NIV therapy patients must receive 15-minute observations for first hour and hourly observations for minimum of 4 hours. Further observations must be completed as clinical condition dictates and no less than 4 hourly while NIV continues.
- 6.5.2 All patients receiving NIV must receive continuous SpO2 monitoring for the first 24 hours or until no longer acidotic
- 6.5.3 All patients receiving NIV must receive continuous ECG monitoring during the acute phase of NIV.

#### 7 EDUCATION AND TRAINING REQUIREMENTS

- 7.1 Before commencement of NIV, the operator must meet all the required training. Each training requirement must be repeated annually to ensure competency via HELM https://www.e-lfh.org.uk/programmes/acute-niv/
- 7.2 In addition, the respiratory support team at Glenfield Hospital offers a NIV study day which can be booked via HELM to anyone who has responsibility for caring and managing patients who are receiving acute and long-term NIV in the hospital setting.
- 7.3 Training paths available include: -
- 7.3.1 Emergency Department Non-Invasive Ventilation training

Involves a NIV study day, practical demonstration and assessment in the workplace. Requires completion of a supervised practice booklet

7.3.2 Non-Invasive Ventilation for Ward Nurses

Involves a NIV study day and ward-based equipment competency assessment (See Appendix 9)

7.3.3 Non-Invasive Ventilation for Doctors

Involves a HELM information package.

7.3.4 Non-Invasive Ventilation for DART Nurses

Involves a NIV study day and completion of equipment and competency assessment (See Appendix 9)

7.2.4 Non-Invasive Ventilation for Physiotherapists and Allied Health Professionals

Completion of an equipment and skills competency package

#### 8 PROCESS FOR MONITORING COMPLIANCE

- The audit is completed for all patients on acute and long-term NIV admitted to GH either directly or from LRI. Auditing time of decompensation, ABG'S during the acute phase, and area therapy started. Audit finalised when:
- a) Therapy is discontinued
- b) Patient dies receiving therapy

#### 8.2 Key performance indicators for NIV audit include:

- a) Suitability of treatment based on inclusion criteria
- b) Diagnosis
- c) Effect of treatment after 1 hour and "door to mask time" including one-hour medical therapy for COPD patients
- d) Effect of treatment after 4-6 hours
- e) Outcome of therapy
- f) Hospital mortality
- g) Mortality by location
- g) Complimentary therapies
- 8.3 If Concerns in care are highlighted with regards to NIV and its management a Datix from must be completed and the following should be made aware, Parent Consultant, the ward manager of the clinical area and a member of DART.

#### 9 EQUALITY IMPACT ASSESSMENT

- 9.1 The Trust recognises the diversity of the local community it serves. Our aim therefore is to provide a safe environment free from discrimination and treat all individuals fairly with dignity and appropriately according to their needs.
- 9.2 As part of its development, this policy and its impact on equality have been reviewed and no detriment was identified.

#### 10 SUPPORTING REFERENCES, EVIDENCE BASE AND RELATED POLICIES

This policy has been adapted from the British Thoracic Society Guidelines for management of patients with COPD suffering acute type 2 respiratory failure.

The Use of Non-Invasive Ventilation in the management of patients with chronic obstructive pulmonary disease admitted to hospital with acute type II respiratory failure (With particular reference to Bi-level positive pressure ventilation), 2008. Mike Roberts, Katharine Young, Paul Plant, Louise Restrick, Robert Winter, Alistair Reinhardt, Christine Mikelsons, Sunny Kaul, Joanna Brown, Katie Scales, Karen Reid <a href="https://www.brit-thoracic.org.uk/quality-improvement/guidelines/niv/">https://www.brit-thoracic.org.uk/quality-improvement/guidelines/niv/</a> (Accessed 10/11/2023)

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#### **Appendix 1: Definitions**

#### NIV- Non-invasive Ventilation

Use of a positive pressure system to assist and support the spontaneous respiratory effort of a patient. Support will be supplied in a biphasic manner (Alternating level of positive pressure between inspiration and expiration) via a specialist ventilator and facemask.

#### **IPAP- Inspiratory Positive Airway Pressure**

Minimum level of pressure exerted upon patient at the point of inspiration, encouraging improved gaseous exchange. Measured in cmH20

#### **EPAP- Expiratory Positive Airway Pressure**

Minimum level of pressure exerted against expiratory effort of patient. This ensures a minimum level pressure within NIV system, promoting alveolar reclamation. Measured in cmH20

#### Type 1 respiratory failure

Relative hypoxia in absence of hypercapnia

#### Type 2 respiratory failure

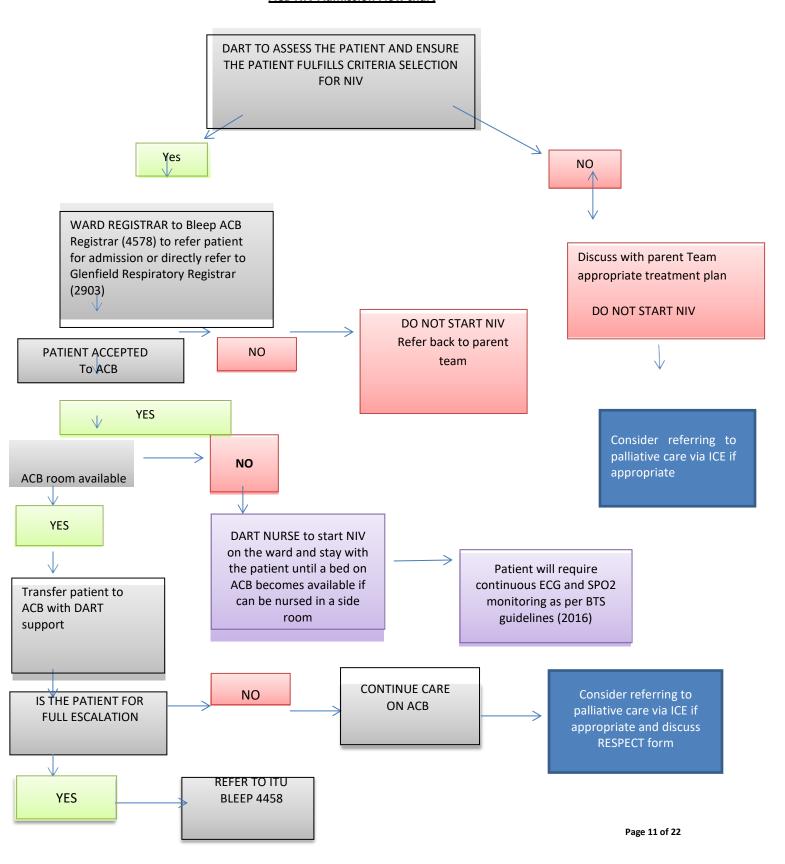
Relative hypoxia in presence of hypercapnia

#### Hypercapnia

Serum Carbon Dioxide levels >6.5 KPa

#### Appendix 2

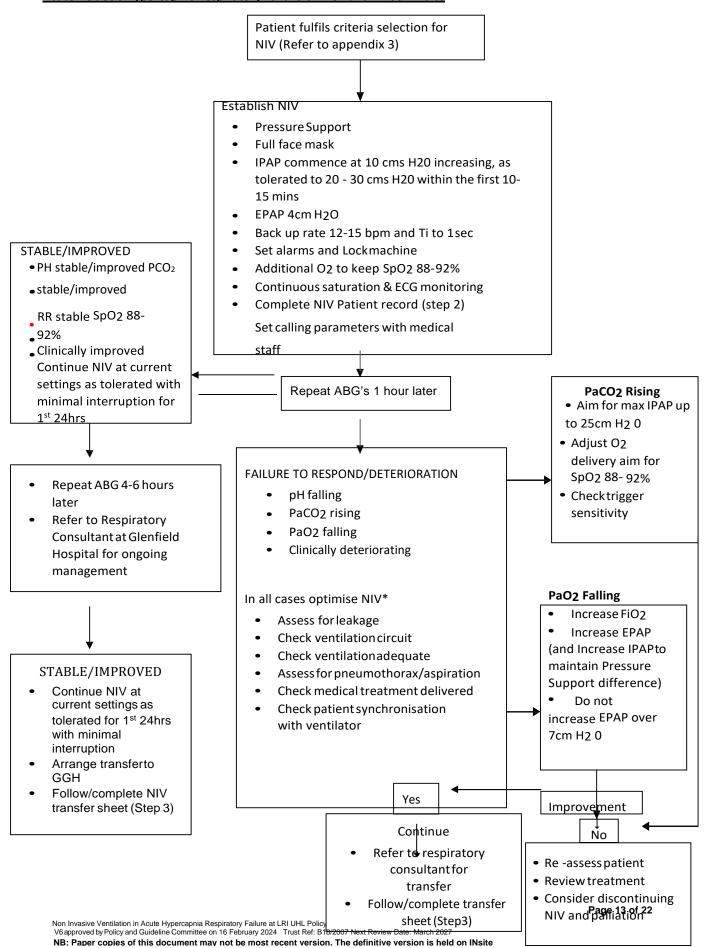
#### **ACB NIV Admission Flow chart**



#### BTS Guidelines (2016) for Clinical Management of NIV in Acute Hypercapnia Respiratory In Adults

#### Indications Contraindications NIV SETUP **NIV Monitoring** for NIV for NIV Oxygenation COPD Absolute Mask pH <7.35 Severe facial deformity Full face mask (or own if home user of NIV) Aim 88-92% in all patients pC02 >6.5 Facial burns RR>23 Fixed upper airway **Initial Pressure settings** Note: Home style vent lators CANNOT If persisting after obstruction provide > 50% inspired oxygen. EPAP: 3 (or higher if OSA known/expected) bronchodilators and controlled oxygen therapy Relative If high oxygen need or rapid desaturation IPAP in copp/oHs/KS 15 (20 If pH <7.25) pH<7.15 on disconnection from NIV consider IMV. (pH<7.25 and additional Up titrate IPAP over 10-30 mins to IPAP 20-30 to achieve adverse feature) adequate augmentation of chest/abdo movement and slow RR GCS <B Confusion/agitation IPAP should not exceed 30 or EPAP 8\* Cognitive impairment Neuromuscular without expert review (warrants enhanced observation) IPAP in NM 10 (or 5 above usual setting) Respiratory illness with Red flags RR > 20 if usual VC <1L even Indications for pH <7.25 on optimal NIV if pC02<6.5 RR persisting>25 referral to ICU Or Backup rate New onset confusion or patient distress. pH < 7.35 and pCO2> 6.5 AHRF with impending Backup Rate of 16-20. Set appropriate inspiratory time respiratory arrest Actions I:E ratio Check synchronisation, mask fit, exhalation NIV failing to augment COPD 1:2 to 1.3 chest wall movement or port : give physiotherapy/bronchodilators, OHS, NM & CWD 1:1 consider anxiolytic reduce pCO2 Inability to maintain Sac2 > Inspiratory time CONSIDER IMV 85-88% on NIV 0.8-1.2s COPD Obesity 1.2-1.5s OHS, NM & CWD Need for IV sedation or pH <7.35, pCO2>6.5, RR>23 adverse features indicating Use NIV for as much time as possible in 1st 24hours. need for closer monitoring Daytime pCO2> 6.0 and Taper depending on tolerance & ABGs over next 48-72 hours and/or possible difficult somnolent SEEK AND TREAT REVERSIBLE CAUSES OF intubation as in OHS, DMD AHRE NIV Not indicated \* Possible need for EPAP > 8 Asthma/Pneumonia Severe OHS (BMI >35), lung recruitment eg hypoxia in severe Flefer to ICU for consideration IMV if kyphoscolios, oppose intrinsic PEEP in severe airflow obstruction or to maintain adequate PS when high EPAP required pH <7:35 and pC02>6.5

## <u>Guidelines for Clinical Management of NIV in Acute Exacerbation of</u> <u>Acute Acidotic Hypercapnic Respiratory Failure on ACB and ED at LRI Site</u>



#### Training for Non-medical staff to enable prescription of NIV for patients on ACB and ED at LRI Site

#### **Authorised Personnel**

All professionals who undertake this role must fulfil all the following criteria: -

#### <u>Nurse</u>

- Registered nurse with the NMC
- Regularly care for patients requiring advanced respiratory support (CPAP, High Flow)
- Member of DART
- Able to instigate basic resuscitation measures
- Possess current basic life support certificate

#### **Physiotherapist**

- Named registered physiotherapist with HPC working within respiratory care at Band 7 or above/ Band 6 with 3 years respiratory physiotherapy experience
- Regularly care for patients requiring advanced respiratory support (CPAP, High flow)
- Able to instigate basic resuscitation measures
- Possess current basic life support certificate

#### All Authorised Personnel must:

- Only develop practice in relation to the appropriate part of their registrar
- Accept accountability for their practice
- Attend a training session on NIV machine including setting of parameters, changing parameters, setting alarms, locking machine and trouble shooting.
- Complete education competencies associated with machine (see appendix 3)
- Complete specialist nurse scenarios via on-line assessment
- Complete NIV theoretical competencies (see appendix 4)
- Demonstrate an understanding of Arterial Blood Gas analysis
- Demonstrate an understanding of Respiratory physiology
- Demonstrate understanding of altering NIV parameters in relation to interpretation of Arterial Blood
- Up to date with Basic Life Support Training
- Be aware of and demonstrate understanding of the following documents:

#### Potential Complications/Trouble shooting for NIV Appendix 6

| Complication                           | Cause   | How to avoid/ What to do  |
|--|---|---|
| Pneumothorax                           | <ul> <li>Resulting from high inspiration<br/>pressures in patients with bullous<br/>disease</li> </ul>  | Limit IPAP = 25cm H2O where possible. If suspected discontinue NIV apply oxygen via reservoir bag 15L/min and call for urgent senior assistance</td                                     |
| Hypotension                            | <ul> <li>Increased intra-thoracic pressure and decreased venous return</li> <li>Development of auto-peep</li> </ul>   | Assess patient's volume status and ensure patient is appropriately fluid resuscitated. Ensure NIV settings allow for full expiration  |
| Failure to ventilate                   | <ul> <li>Poor interface or clinical sensitivity not set</li> <li>Sub-optimal treatment of underlying condition</li> <li>Development of complications</li> <li>Clinical deterioration</li> </ul> | Clinically reassess, optimise therapy. Including titration of IPAP & EPAP pressures appropriately. Seek advice from RST at earliest opportunity. Failure to improve consider palliation |
| Upper airway Obstruction               | • Drop in conscious level   | Discontinue NIV. Head tilt chin lift, apply oxygen and call for urgent senior assistance  |
| Air Leak                               | Interface not fitting well  | A small air leak is acceptable as the machine will compensate. Monitor ABGs.  If unable to find a suitable interface contact RST.   |
| Increased risk of aspiration           | Patient may vomit and be<br>unable to remove mask   | Ensure patient is conscious and knows how to remove mask or call for nurse  |
| Gastric distension & vomiting          | Caused by patient swallowing<br>large amounts of air  | Remove mask intermittently,<br>(consider nasogastric tube but this<br>is not common<br>practice)  |
| Retention of secretions                | <ul> <li>Application of dry gases</li> </ul>  | Regular nebulisers, Ensure appropriate hydration (oral/ IV). Physiotherapy referral. Consider adjuncts for secretion removal  |
| Pressure sores on nose and ears        | <ul><li>Inappropriate fitting mask</li><li>Mask applied to tightly</li></ul>  | Check pressure areas regularly consider different interfaces.   |
| Patient intolerance/Lack of compliance | <ul> <li>May feel unpleasant and<br/>more difficult to breathe.</li> <li>Can feel claustrophobic</li> </ul>   | Reassure and explain benefits, consider intermittent NIV. Consider input from palliative care for symptom control.  |

| Sleep Fragmentation | <ul> <li>Monitoring and treatment interventions</li> </ul> | Ensure all interventions carried out simultaneously where possible to allow for |
|---------------------|--|---|
|                     |  | sleep   |

## Step 2

#### **LRI NIV Record Part A**

|                            | Date / Tille Niv Sta   |
|----------------------------|--|
| Patient details            | NIV started in   |
| Full name                  | • ITU called   |
|                            | Responsible consult  |
| DOB                        | <ul> <li>Name &amp; job role (migrade or above)</li> <li>Of health care pract</li> </ul> |
| Unit<br>number             | i i  |
| (use sticker if available) | <ul> <li>GGH duty respirator<br/>Consultant called?</li> </ul>                           |

| • | Date / Time NIV  | started _ |               |        |
|---|--|-----------|---------------|--------|
| • | NIV started in   | ☐ ER      | □ АСВ         |        |
| • | ITU called   | Yes       | ☐ No          | ☐ N/A  |
| • | Responsible cor  | sultant _ |               |        |
| • | Name & job role<br>grade or above)<br>Of health care p | ,         | r prescribing | ; NIV  |
| • | GGH duty respir  | atory [   | Yes N         | No N/A |

#### **ABG** prior to starting NIV

| Time                |  |
|---------------------|--|
| рН                  |  |
| PaCO <sub>2</sub>   |  |
| PaO <sub>2</sub>    |  |
| Bicarbonate(actual) |  |
| Base excess         |  |
| SaO <sub>2</sub>    |  |
| FiO <sub>2</sub>    |  |
| Respiratory rate    |  |

#### **Initial NIV Settings**

| Mask Size                | □ s<br>□ <sub>Nasal</sub> | ☐ M<br>(if even 'L' does | L<br>not fit) |
|--------------------------|---------------------------|--------------------------|---------------|
| IPAP                     |                           |                          |               |
| EPAP                     |                           |                          |               |
| FiO <sub>2</sub> (L/min) |                           |                          |               |
| SpO <sub>2</sub> on NIV  |                           |                          |               |

#### **Blood gases on NIV**

|                             | Date | Time | рН | PaCO₂<br>(kPa) | PaO <sub>2</sub> | <b>FiO₂</b> (L/min) | Notes  |
|-----------------------------|------|------|----|----------------|------------------|---------------------|--|
| 1h after NIV started        |      |      |    |                |                  |                     |  |
|                             |      |      |    |                |                  |                     |  |
| 4-6h after NIV started      |      |      |    |                |                  |                     | Refer to resp consultant at<br>Glenfield Hospital view to<br>transfer     Consider palliation if not<br>clinically improving |
|                             |      |      |    |                |                  |                     |  |
| 12-24h after<br>NIV started |      |      |    |                |                  |                     | Transfer to Glenfield Hospital once accepted   |

Medical calling parameters (to be completed by health care practitioner prescribing NIV)

|                  |   |    |   |                          | Signature / print name |
|------------------|---|----|---|--------------------------|------------------------|
| RR               | < | or | > | Drop in conscious level  |                        |
| SpO <sub>2</sub> | < |    |   | Haemodynamic instability |                        |

If at any time clinical condition or calling parameters are triggered medical staff must be notified.

| Patient details            |
|----------------------------|
| Full<br>name               |
| DoB                        |
| Unit<br>number             |
| (use sticker if available) |

- Patients on NIV require continuous monitoring of
  - SpO<sub>2</sub>
  - ECG (during acute phase)
- Respiratory rate and SpO<sub>2</sub> must be recorded
  - every 15min during 1<sup>st</sup> hour after NIV started
  - hourly for 4 hours
  - thereafter as clinical condition requires
  - viral filters to be changed daily
- Any changes to NIV machine and supplemental O<sub>2</sub> settings must be recorded and signedfor

| Date | Time | IPAP / EPAP<br>(only record<br>if changed) | DAILY<br>viral<br>filter<br>check | FiO₂<br>(only record<br>if changed) | Resp<br>rate | SpO <sub>2</sub> | Facial pressure<br>areas checked<br>(Y/N) | Nurse<br>initials |
|------|------|--|-----------------------------------|-------------------------------------|--------------|------------------|---|-------------------|
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |
|      |      | /  |                                   |                                     |              |                  |   |                   |

Date / Time NIV was discontinued

Reason for discontinuing NIV must be documented in patient's notes

#### Appendix 8

#### GLENFIELD POLICY FOR TRANSFER OF PATIENTS INTO AND OUT OF THE UNIT (WARD 20/CDU)

#### **Transfer destination**

The ward is currently staffed to receive patients from LRI (most likely ACB) within working hours, currently **arriving** onto the ward between 9am and 8pm in order to be clerked by the ward or on call team and undergo senior review at a time when the most medical staff are in the hospital. This means that patients **referred** to the ward between 7am and 4pm will likely arrive between the times specified above. Patients being referred or arriving to the unit outside of those times should be admitted to CDU.

The SpR or Consultant in charge of the patient will discuss the case with either

- 1) the respiratory SpR taking referrals via bleep 2681 between 9am and 5pm or,
- 2) The on-call CDU SpR via bleep 2903 at all other times including weekends and Bank Holidays. The referral process and the handover of the patients is outlined in the diagram below:

## Estimated arrival between 9 am to 8 pm Monday to Friday

- Once referral has been accepted staff in ED/ACB to contact GH bed co-ordinator and confirm that a bed will be available on <u>Ward</u> <u>20</u> or <u>CDU</u> (if bed not available please follow pathway 2)
- Nurse in ED/ACB to handover patient to the responsible nurse on Ward 20 or CDU
- Ward 20/CDU nurse to inform ward junior doctors of patient accepted for transfer
- Junior doctor to contact on call SpR for handover
- Ward 20/CDU nurse to inform junior doctor when patient arrived to review within one hour with subsequent respiratory SpR senior review within four hours
- DART to be informed (Bleep 2808)
- Respiratory Registrar who accepted the patient is responsible to handover patient if they have not arrived before shift completed

## Estimated arrival between 8 pm to 9 am Monday to Friday and anytime during weekends and Bank Holidays

- Once the referral has been accepted the nursing staff in ED/ACB should contact the GH CDU nurse in charge to confirm that a bed is available (every effort will be made to facilitate this) and arrange transfer
- Nurse in ED/ACB to handover patient to the responsible nurse on CDU
- CDU staff nurse to make sure that medical team on CDU are aware of patient transfer
- Junior doctor to review patient within one hour of arrival with subsequent CDU registrar review within four hours
- DART to be informed (bleep 2808)
- CDU Registrar who accepted the patient is responsible to handover patient if they have not arrived before shift completed



### LRI NIV checklist for transfers to Glenfield Hospital

| Patient details   | Please retain this proforma in patient's record   |        |
|---|---|--------|
| Full<br>name  | <ul> <li>Transfers from ACB should not normally be<br/>undertaken out of hours</li> </ul>   |        |
| DoB   | <ul> <li>Transfers of patients suitable for potential<br/>escalation to ITU care from ED should not be<br/>undertaken out of hours</li> </ul> |        |
| Unit<br>number  |   |        |
| (use sticker if available"  |   |        |
| Medical checklist   |   |        |
| <ul> <li>Accepted by Glenfield Hospital respiratory consultant;</li> </ul>  |   | $\Box$ |
|   | Name  |        |
| Glenfield Hospital respiratory team has confirmed patie   | ent destination;  |        |
|   | Ward  |        |
| Nurse coordinator on Glenfield Hospital receiving ward  | contacted   |        |
| <ul> <li>Bed will be available (ED patients: within 4 hours of</li> <li>NIV machine will be available onward</li> </ul>   | f patient's arrival in ED)  |        |
| <ul> <li>Resuscitation (DNAR) status of patient documented in p</li> </ul>  | patients notes  |        |
| <ul> <li>If escalation to ITUappropriate</li> </ul>   | _   |        |
| <ul> <li>Patient has been reviewed by LRI ITUteam</li> <li>Glenfield Hospital ITU bedavailable</li> <li>Glenfield Hospital ITU medical staff contacted</li> <li>Glenfield Hospital critical care outreach team conta</li> </ul> | cted (bleep 5293)   |        |
| SignaturePrint na   | ameDateTime   |        |
| Nursing checklist   |   |        |
| Paramedic crew ambulance booked;  |   |        |
|   | reference number time booked  |        |
| • Items prepared for transfer Patient record  | Property Medication   |        |
| <ul> <li>Next of kin notified of transfer reason, timeand destina</li> </ul>  | ation   |        |
| <ul> <li>Escort (e.g. HCA) available to bring NIV machine back to</li> </ul>  | o its LRI base  |        |
| <ul> <li>Receiving ward called immediately prior to patient leav</li> </ul>   | ving LRI - bed and NIV machine ready  |        |
| SignaturePrint nai  | meDateTime  |        |

#### University Hospitals of Leicester NHS Trust Phillips Trilogy Evo NON-INVASIVE VENTILATOR Competency Checklist

| Name: | Position: | Site: LRI |
|-------|-----------|-----------|
|       |           |           |

Competency Training Statement: Participant will demonstrate the theory of operation and practical application of the ventilator in a clinical setting

| Performance Criteria   | Phillips Trilogy Evo |          |
|--|----------------------|----------|
| 1) Demonstrate set up/operation and correct application of NIPPI inc             | Competency Date      | Assessor |
| a) Is able to list the safety features of the ventilator.                        |                      |          |
| B) Is able to safely connect AC power.   |                      |          |
| C) Is able to ensure battery back-up is charged or charging.                     |                      |          |
| D) Is able to turn ventilator on/off.  |                      |          |
| E) Is able to set-up tubing and interface components.                            |                      |          |
| f) Is able to select correct mode and set correct prescribed ventilator setting. |                      |          |
| G) Is able to set upper and lower flow pressure alarms.                          |                      |          |
| H) Is able to lock and unlock machine.   |                      |          |
| I) Is able to attach oxygen correctly if required.                               |                      |          |
| J) Is able to attach and correctly use in line nebuliser.                        |                      |          |
| K) Is able to trouble shoot machine when alarms.                                 |                      |          |
| L) Is able to disconnect and dispose of tubing correctly.                        |                      |          |